

Menu

LUNCH 12PM-2PM
DINNER 6PM - 8PM

Breads

MEMBERS | NON MEMBERS

Garlic Bread	\$7 \$8
Garlic, Cheese & Bacon Bread	\$11 \$13

Entrees

Wedges (v) served with sweet chilli sauce & sour cream	\$10 \$12
Lemon Pepper Calamari (gf) served with lime aioli	\$15 \$17
Vegetarian Spring Rolls (10) (v) served with prawn crackers	\$10 \$12
Sweet Potato Chips (v) served with garlic aioli	\$12 \$14

Salad

Caesar Salad (vo)	\$18 \$20
add chicken	\$23 \$26
add prawns	\$26 \$29
Garden Salad (v)	
Small	\$10 \$12
Large	\$16 \$18

Mains

MEMBERS | NON MEMBERS

Roast of the Day (gf) Served with roast vegetables & gravy	Sm \$16 \$18 Lge \$18 \$20
Steak Sandwich (gfo) Turkish bread, onion jam, lettuce, cheese, tomato, BBQ sauce, beetroot & chips	\$20 \$22
Southern Fried Chicken Burger Lettuce, cheese, tomato, beetroot, chipotle mayo & chips	\$20 \$22

Pasta

Pasta Carbonara (gfo) Garlic, bacon, mushrooms & onion pan fried in butter & white wine, finished with shallots, basil, parmesan & cream	\$22 \$25
Spaghetti Bolognese (gfo) Beef, red wine & fresh herbs blended into a traditional Italian sauce	\$21 \$24
Vegetable Lasagne (v) Sweet potato, spinach, basil, pumpkin, eggplant, zucchini & cheese	\$19 \$21
Garlic Prawn Fettucine (gfo) Garlic marinated prawns in a creamy garlic, spinach, basil & shallot sauce	\$26 \$29

Chicken

MEMBERS | NON MEMBERS

Served with chips & a choice of vegetables or salad

Chicken Schnitzel (gfo) with chips & a choice of vegetables or salad & includes one sauce	\$21 \$23
Traditional Chicken Parmigiana (gfo) Napoli sauce, bacon & cheese	\$25 \$28
Chicken Aussie Parmigiana (gfo) Napoli sauce, bacon, cheese & bbq sauce	\$26 \$29
The Waves Seafood Parmigiana (gfo) Napoli, guacamole, prawns & cheese	\$26 \$29

Seafood

Seafood Basket Coconut prawn, crumbed calamari & scallops, battered fish & prawns with tartare sauce	\$30 \$34
Grilled Barramundi Grilled barramundi with citrus aioli & lemon	\$30 \$34
Beer Battered Barramundi with tartare sauce & lemon	\$25 \$28
Crumbed Flathead with citrus aioli & lemon	\$26 \$29
Lemon Pepper Calamari (gf) with citrus aioli & lemon	\$25 \$28

- Gluten free pasta option available \$1 extra -

Kids Meals

under 12 years

Chicken Nuggets & Chips
Battered Fish & Chips
Spaghetti Bolognese (gfo)
Burger & Chips

MEMBERS | NON MEMBERS

\$10 | \$12

Add side salad or vegetables \$2 | \$3

Sides

Side Salad (gf, v)	\$7 \$8
Crispy Chips (gf)	\$7 \$8
Pan Fried Vegetables (gf, v)	\$7 \$8

Pizza of the Week

Please see specials board



Menu

LUNCH 12PM-2PM
DINNER 6PM - 8PM

From the Char Grill

MEMBERS | NON MEMBERS

Served with chips & a choice of
vegetables or salad

200g MSA Rump (gf)
\$26 | \$29

200g MSA Rib Fillet (gf)
\$32 | \$35

400g MSA Rump (gf)
\$34 | \$38

Grilled Chicken Breast (gf)
\$24 | \$27

Sauces (gf)

Gravy, Mushroom, Pepper, Garlic Butter, Garlic
Cream, Dianne, Aioli, Onion Jam

One complimentary sauce available
with Char Grill selections only
Additional sauces \$3 | \$4

Garlic Prawn Sauce (4) (gf) \$9.50 | \$11.50

Please advise cashier when ordering
of any dietary requirements or if you require
a Gluten Free or Dairy Free Option

v = Vegetarian vo = Vegetarian Option
gf = Gluten Friendly by ingredient
gfo = Gluten Friendly Option available

****Please note that The Waves' deep fryers
cannot be 100% gluten free.**

