

Menu

LUNCH & DINNER
WEDNESDAY - SUNDAY

Breads

- Garlic Bread \$7
- Garlic, Cheese & Bacon Bread \$11

Entrees

- Wedges (v) \$10
served with sweet chilli sauce & sour cream
- Lemon Pepper Calamari (gf) \$15
served with lime aioli
- Vegetarian Spring Rolls (10) (v) \$10
served with prawn crackers

Salad

- Caesar Salad (vo) \$18
add chicken \$23
add prawns \$26
- Garden Salad (v) \$10
Small \$10
Large \$16

Mains

Served with chips & a choice of vegetables or salad

- Roast of the Day (gf) Sm \$16
Lge \$18
Served with roast vegetables & gravy
- Steak Sandwich (gfo) \$20
Thick cut toast, onion jam, lettuce, cheese, tomato, BBQ sauce, beetroot & chips
- Vegetarian Filo (v) \$19
Seasonal vegetables in garlic cheese sauce encased with filo pastry

Pasta

- Pasta Carbonara (gfo) \$22
Garlic, bacon, mushrooms & onion pan fried in butter & white wine, finished with shallots, basil, parmesan & cream
- Spaghetti Bolognese (gfo) \$21
Beef, red wine & fresh herbs blended into a traditional Italian sauce
- Vegetable Lasagne (v) \$19
Sweet potato, spinach, basil, pumpkin, eggplant, zucchini & cheese
- Garlic Prawn Fettucine (gfo) \$26
Garlic marinated prawns in a creamy garlic, spinach, basil & shallot sauce

Chicken

Served with chips & a choice of vegetables or salad

- Chicken Schnitzel (gfo) \$20
With chips & a choice of vegetables or salad & includes one sauce
- Traditional Chicken Parmigiana (gfo) \$24
Napoli sauce, bacon & cheese
- Chicken Aussie Parmigiana (gfo) \$25
Napoli sauce, bacon, cheese & bbq sauce

Seafood

- Seafood Basket \$30
Coconut prawn, crumbed calamari & scallops, battered fish & prawns with tartare sauce
- Pan Fried Atlantic Salmon (gf) \$30
Pan fried with citrus aioli & lemon
- Crumbed Flathead \$26
with citrus aioli & lemon
- Lemon Pepper Calamari (gf) \$25
with citrus aioli & lemon

- Gluten free pasta option available \$1 extra -

Menu

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Kids Meals under 12 years

- Chicken Nuggets & Chips
- Battered Fish & Chips
- Spaghetti Bolognese (gfo)
- Burger & Chips

\$10

Add side salad or vegetables \$2

Sides

- | | |
|------------------------------|-----|
| Side Salad (gf, v) | \$7 |
| Crispy Chips (gf) | \$7 |
| Pan Fried Vegetables (gf, v) | \$7 |

From the Char Grill

Served with chips & a choice of
 vegetables or salad

200g MSA Rump (gf)
 \$26

400g MSA Rump (gf)
 \$34

Grilled Chicken Breast (gf)
 \$24

Lamb Rump 250g (gf)
 \$26

Sauces (gf)

Gravy, Mushroom, Pepper, Garlic Butter, Garlic
 Cream, BBQ Bourbon, Aioli, Onion Jam

One complimentary sauce available
 with Char Grill selections only
 Additional sauces \$3

Garlic Prawn Sauce (4) (gf) \$9.50

Please advise cashier when ordering
 of any dietary requirements or if you require
 a Gluten Free or Dairy Free Option

v = Vegetarian vo = Vegetarian Option
 gf = Gluten Friendly by ingredient
 gfo = Gluten Friendly Option available

****Please note that The Waves' deep fryers
 cannot be 100% gluten free.**

